



Hiking to the Kolsås Peak

The Greater Oslo region, host to numerous hiking possibilities with spectacular view of Oslo and from the Kolsås Peak you may see the full length of the Oslo Fjord - 15 minutes by metro from the capital.

Easily accessible by metro, or by coach you find the Kolsås peak in Bærum adjacent to Oslo. A 30 minute hike brings you through the forest before a steep but safe climb to the top. Enjoy the breathtaking view and pique-nic at the top. The Kolsås mountain was painted by the artist Claude Monet during his stay in Sandvika in 1895 and his paintings are displayed at the Henie Onstad Art Gallery near by.

Kolsåstoppen consists of two peaks, Nordre Kolsåstoppen which is 379 m and Southern Kolsåstoppen which is 342 m. Between the peaks lies an idyllic small lake "Seterstjern". You may choose to cross the mountain (1,5 hours) and descend on the other side leading down to the idyllic historical iron works Bærums Verk, now a commercial area with artisan shops, galleries and numerous restaurants. A great place for late lunch and sightseeing.

Second option is to descend into the the Dælivann cultural landscape below Kolsåstoppen - an exciting area with traces of early settlements, rich wildlife and connections to famous painters such as Christian Skredsvig and

his work "The Boy with the flute" that is displayed in the National Gallery. The area is rich in bird life, insects, flowers and trees. Our nature guide is happy to guide you and share the local history during the hike.

Kolsås is also popular among mountain climbers and has several climbing routes to the peak.

Duration: 2-8 hours

Suitable for: Individuals and groups

Price: Transport only.

Contact/Booking:

- patricia@akershus.com
- bjorn@markaoppvelser.no
- post@hok.no
- baerumsverk@lovenskiold.no

Transport suggestions:

Charter bus: www.schaus.no www.viptransport.no

Rent a car: www.avis.no

Public transport: www.ruter.no Metro 3/Bus 150

Disclaimer: All requests will be subject to availability and actual prices at the time of reservation.

