



# Round Bjørnøya and Lauvøya

**Category:** Paddling

**Length:** 10 km

**Degree of difficulty:** Easy

**Region/area:** Aremark, Viken



## Route description

The lake, Stora Lee, is about 80 km long and rich in bird life. In all, it has 365 islands. One island for every day of the year! The rich bird life means that the lake has a number of bird reserves, so remember that you cannot go on land on all the islands. Looking up, you may be lucky enough to spot one or more ospreys. Stora Lee has bare rock slopes and sandy shores where you can relax, swim and sunbathe.

If you fancy a longer trip, you can paddle to Lennartsfors, make your way through the locks down to Vänern or even all the way to Gothenburg! Make frequent stops along the way and enjoy the trip. And don't forget your thermos and sandwich box!

It's a trip suitable for most people, including children from about 10 with previous paddling experience.

### Canoe, kayak and cycle hire:

Canoe and kayak hire available at Stora Lee camping. Prices (2020):

Kayak: NOK 350 per day, NOK 200 per half day  
Canoe: NOK 350 per day, NOK 200 per half day

**Time:** approx. 2- 2.5 hours

**Start and finish:** Stora Lee Camping

**Accommodation, places to eat, attractions**

**Stora Lee Camping**

Tel: 92411 412

<https://storalee.no>

**Grethes Café**

Tel: 0046-0534-300 52

<https://www.facebook.com/Grethes-Cafe-Mitt-P%C3%A5-Lee-170479393594/>

Map link: <https://ridewithgps.com/routes/31882545>  
[www.norway-sweden.com](http://www.norway-sweden.com)



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