



Canoeing on Vortungen

Category: Paddling

Length: 3.8 km

Degree of difficulty: Easy

Region/area: Rømskog, Viken

Time: approx. 1 hour

Start and finish: Rømskog Spa

Places to stay

Rømskog Spa & Resort

Telephone: +47 69 00 25 80

Email: booking@romskogspa.no



Route description

Rømskog Spa lies right on the shore of Vortungen, an absolute pearl of a lake. Here, everyone can enjoy a relaxing canoe trip in peaceful, almost untouched surroundings.

The proposed trip is around four kilometres and a mere taste of the north end of the lake. It's a distance everyone can manage, including children from about 8-9 years old who share in the paddling.

In you fancy a longer trip, Vortungen branches off in different directions and you can paddle through narrow sounds, lay up on pine-clad islets or investigate a number of miniature 'fjords'. Indeed, you can find your way to parts of the lake where there are neither roads nor cabins.

Vortungen is quite narrow, so, if you are unlucky enough to capsize, you're never very far from land.

You can hire canoes, paddles and lifejackets from us for NOK 250 per half day. We also have three SUP (Stand Up Paddle) boards for hire: NOK 250 per half day.

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