



# Eidsvoll – Tangen - Atlungstad

**Category:** Cycle trip

**Length (km):** 62 km

**Degree of difficulty:** Moderate/strenuous

**Region/area:** Eidsvoll/Stange, Innlandet



## Route description

National Cycle Route 7; the Pilgrim's Way runs from Halden to Trondheim. We follow the route along one of its most attractive stretches, from Eidsvoll to Stange and Atlungstad. The big feature on the route is Lake Mjøsa, which we follow closely at times for almost 30 kilometres from Minnesund to

Tangen. This stretch partly runs along the old railway line, which has now been asphalted, is free of all cars and offers very easy cycling.

The area around the now defunct Morskogen Station features a wide open area with a jetty, benches and accommodation possibilities in the old watchman's house. There are also camping possibilities at Tangen Camping, after 40 kilometres.

From Tangen, follow the Fv. 222 for a couple of kilometres before turning onto the local road through the woods to Ekeberg. This is the only part of the route that features any significant inclines. At Stor-Re, the cultural landscape opens out before you and the route continues past many of Stange's grand old farms, a good number of which have direct sales of farm produce. The road provides a series of fine vistas over Lake Mjøsa, and you must make sure not to cycle too fast lest you miss out on all the best views!

The trip is suitable for adults used to cycling.

**Time:** Approx. 4-5 hours

**Surfaces:** Mostly asphalt; also a little gravel

**Recommended equipment:**

Hybrid cycle/touring cycle with relatively narrow tyres

**Traffic:** Little or none; some traffic on the way to Minnesund (12 km), then longer stretches on separate cycle paths

**Start and finish:** Eidsvoll Station/Atlungstad Distillery

**Signage/markings:** National Cycle Route 7, The Pilgrim's Way

## Accommodation, places to eat, attractions

**Tangenodden Camping**

[www.tangenodden.no](http://www.tangenodden.no)

+47 90198917

**Skibladner**

[www.skibladner.no](http://www.skibladner.no)

+47 61144080

**Eidsvoll 1814**

[www.eidsvoll1814.no](http://www.eidsvoll1814.no)

+47 63922210

**Mjøsli Lodge**

[www.mjosli.no](http://www.mjosli.no)

+47 95772475

**Atlungstad Distillery**

[www.atlungstadbrenneri.no](http://www.atlungstadbrenneri.no)

+47 62330055

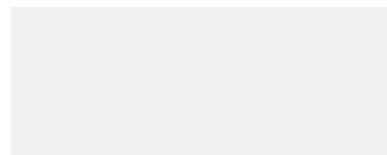
**Fjetre Gård**

[www.fjetre.no](http://www.fjetre.no)

+47 40479319

Map link: <https://ridewithgps.com/routes/32053730>

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**Elevation profile**

