





## WIND DOWN LIKE A SWEDE - THE 72 HOUR CABIN

Swedish nature helps you become less stressed, according to a new case study from Sweden. By spending 72 hours in glass cabins on an island of their own, five people with stressful jobs got to experience the Swedish 'close to nature' lifestyle. Now, Dalsland in West Sweden invites the rest of the world to wind down in nature like a Swede, making the glass cabins available for everyone to book.

**Henriksholm**: On this little island in Lake Ånimmen the 72hc case study took place. Enjoy relaxed days with walks, sauna and fishing.

Baldersnäs Manor: Here you find the glass cabins hidden in the big English park that surrounds the manor house. Combine your glass house experience with canoeing, yoga, sauna and a 5-course gourmet dinner if you like. Dalslands Aktiviteter: Here the glass cabins stand 40 m above Lake Iväg close to outdoor activity center Dalslands Aktiviteter. Combine your glass house stay with exciting activities like horse back riding, zipline, kajaking and much more.

## **FACTS**

Type of accommodation: Glass house
Location: 3 locations in Dalsland, West Sweden
-Dalslands Aktiviteter

Number of glass houses: 1
-Baldersnäs Manor

Number of glass houses: 2

-Henriksholm Island Number of glass houses: 5

## **PRICE RANGE**

For the latest information on prices please contact Baldersnäs Manor, Stenebynäs AB and Dalslands Aktiviteter.

## FOR MORE INFORMATION PLEASE CONTACT:

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Read more on: 72hcabin.com





