



# VISIT GREATER OSLO

DAY TRIPS IN GREATER OSLO

**ACTIVITIES AND FAMILY ADVENTURES**

**SHOPPING AND SMALL TOWNS**

**ART, CULTURE AND HISTORY**

**SPA AND WELLNESS**

# WELCOME TO GREATER OSLO

Visit Greater Oslo covers the three regions Asker & Bærum, Follo and Romerike. Explore hidden gems and exciting destinations with short distance from Oslo city center. Plan your next holiday, weekend trip or day excursion.

In the region surrounding the capital you will find lush forests, beautiful beaches, and charming small towns as well as some of Norway's most famous sights.



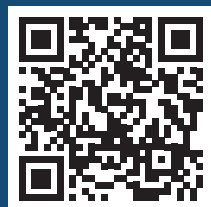
Follo Museum



The Well

## Our best experiences near Oslo:

- The Well Spa & Resort
- TusenFryd amusement park
- The culture destination Ramme
- Drøbak and Oscarsborg Fortress
- FlyTribe Gardermoen
- Høyt & Lavt climbing and zipline park in Lillestrøm
- Eidsvoll 1814
- Fetsund timber booms
- The Grini Museum
- Vollen and Holmsbu villages
- Henie Onstad Kunstsenter
- Bærums Verk historical site



**VisitGreaterOslo.com/en**  
for more inspiration  
and information.



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Cover photo: Havlstyparken, Ramme.  
Photo: Jenni Svartor

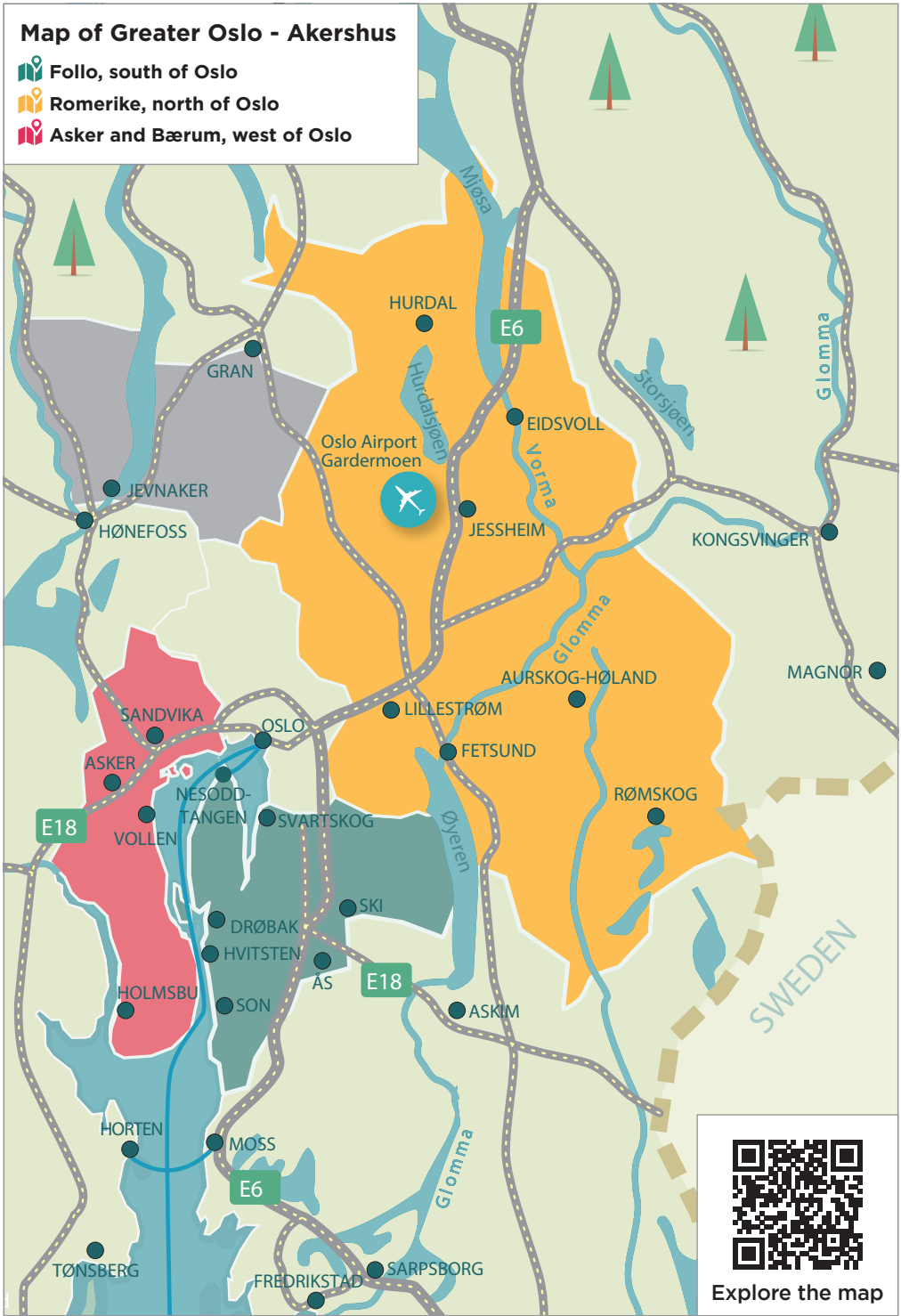


The Grini museum



# Map of Greater Oslo - Akershus

-  Follo, south of Oslo
-  Romerike, north of Oslo
-  Asker and Bærum, west of Oslo



Explore the map



Drøbak RIBsafari

# Activities and Family Adventures



Høyt Under Taket Letohallen



Bergvang Gård

## Unforgettable Adventures 📍 Romerike

Norway's most fast-paced experiences are found at Romerike just 20-30 minutes from Oslo. **Høy & Lavt Lillestrøm** is one of Norway's largest treetop adventure parks with 41 ziplines, climbing facilities and adventures for all ages and levels. Try the latest within AR games or defy gravity with indoor skydiving at **FlyTribe** close to Oslo Airport Gardermoen. Wrap it up with a walk through historical surroundings down the ravine valley or through **Trandum forest**. At **Fetsund timber booms** you can walk on the waterways used by the timbermen. **Norway's answer to the Amazon** is also located here, the wetland delta Nordre Øyeren with a bustling wildlife and birdlife.

## When the Kids get to Decide 📍 Romerike

Walk with alpacas! You can do this at **Alpakkavandring in Sørum, Nilsstua** and **Killingmo Gård**. If you want to feed the animals or join a horseback riding tour visit **Rånås Gård** or **Basnes Trail Rides**. Tertitten museum railway with its steam locomotives takes you on a historic train ride. In Nes you will find the unique fairytale looking **Stein school** and **Nes church ruins**, well worth a visit. Try the newly opened **Høyt Under Taket Letohallen** in Eidsvoll, a large indoor climbing center with several different climbing activities. Close to Minnesund you will find **Mjøssamlingene maritime museum** and the **Emerald Mines** where you can collect your own emeralds.

## Daytrip to Vollen 📍 Asker og Bærum

Take the boat from Aker Brygge to Vollen for relaxation and activities like frisbee golf, paddling, and exploring the Oslofjord Museum. **Vollen Marina** offers various activities such as diving, sauna, and SUP rental, along with several charming dining options. Start your day in Slemmestad and walk **the coastal path** to Vollen. Don't forget to buy organic pastries from **Café Plenum**. Experience the **unique geology** of the Oslo belt at Trilobox and discover octopus and snail fossils in the stone fields. **Blue Flag beaches** nearby: Vollen, Sjøstrand, and Hvalstrand.



Wild Oslo



Rush Trampolinepark Bærum

## More Activities and Experiences



### Farm Visits and Family Fun 🏡 Asker og Bærum

**Bergvang farm** is open every weekend. Get close to various animals such as rabbits and alpacas. If you want to try dog sledding or horseback riding remember to book in advance. **Gneis Climbing Center** at Lilleaker offers climbing for all levels, no prior experience is required. **Rush trampoline park** in Bærum offers fligh-high fun for the whole family where you can literally bounce off the walls. **Sjøholmen** is a unique universe for children with 9 themed rooms featuring scent, light, and colors. Sjøholmen has a café, changing art exhibitions, and hosts creative workshops for both children and adults. From Sandvika, you can take the **MS Rigmor ferry** for a fjord cruise to beautiful islands in the archipelago, perfect for camping or a relaxing day by the beach. Walk or cycle in the cultural landscape near Dælivann where you can see **the petroglyphs** of ships from the Bronze Age.

### Norway's Most Famous Amusement Park 🎢 Follo

Visit Norway's coolest amusement park, **TusenFryd** and try the newest attraction «Storm». Some of Norway's biggest rollercoasters and exciting rides can be found just 25 minutes south of Oslo. Cool down on sunny days in the water park, **BadeFryd** with several pools and thrilling water slides. You get there by bus 505 from Oslo. In the heart of Ås you will find **Vitenparken** science center and café.

### Need for Speed 🏎️ Follo

Experience the Oslo fjord! **Drøbak RIBSafari** organizes boat trips, if you are lucky, you will be able to witness both seals and sea eagles during the tour. **Camp Soon** offers kayak rentals and pleased to help with some instruction if needed. Situated just 30 minutes from Oslo is **Drøbak Golfklubb**, one of Norway's nicest 18-hole courses with a café and driving range. Visit **Drøbak aquarium**, the Oslo fjord's only saltwater aquarium. Say hello to catfish Hugo, ghostly toads and sharks. There is also a childrens touch pool. Spend the night at **Oscarsborg Fortress**, discover the tunnels and get up close to the history. Or take the bus from Oslo to Siggerud and join **Wild Oslo** on a guided tour by kayak or canoe.



Høyt og Lavt Lillestrøm



Drøbak aquarium



Basnes Trail Rides



tusenfryd



# Shopping and Charming Towns

## Charming Drøbak 📍 Follo

Drøbak is one of the most visited villages along the Oslo fjord, with a lot of history and narrow streets. Enjoy vibrant city life in the marina, in the **park** and around the square where a market is held every Saturday. A rich selection of small shops, galleries, and cozy eateries. Enjoy seafood and sea views at **Café Sjøstjernen**, or observe the locals from **Kumlegården** and **Galleri Café Teskje**. **Tregården Julehus** is Norway's only year-round Christmas house. During the summer season the ferry runs daily from Aker brygge in Oslo to Drøbak.

## Norway's Largest Fashion Outlet 📍 Follo

Approximately 30 minutes from Oslo you will find **Oslo Fashion Outlet** in Vestby. Over 55 brand stores with 30-70% discount all year round makes for a bargain. Accommodation can be found at **Vestby Park** next door. The coastal gems Son, Hvitsten and Drøbak are just a short drive away.

## Explore Son and Hvitsten 📍 Follo

Son emerged during the Dutch era in the 17th century and was an important trading post. Today it is a charming village and a popular resort with bustling crowds in summer. **Son harbour** is one of the Oslo fjord's most visited, and you can book a place at Docspot. In Son you will find the local fish shop and a good selection of charming eateries along the harbour promenade. From Son city center it is only a short walk to **Son Spa** hotel. Charming **Hvitsten** near Son was home to the painter Munch. At **Ramme** you can experience an art gallery, guided tours, an organic farm shop and eateries. Stay the night at the cozy boutique hotel, **Ramme fjordhotell**.

**The Painter's Village, Drammen Fjord 📍 Asker og Bærum**  
**Rødtangen** and **Holmsbu** are renowned for their beautiful light, inspiring the elite of artists for many years. Experience Holmsbu Church, known as the **artist's church**, decorated by 15 of the country's leading painters led by **Henrik Sørensen**. This historic small town is worth a visit year-round with its small shops and cozy dining options, surrounded by unique nature featuring several nature reserves for great hiking experiences. Stay overnight at the historic **Badehotellet** or **Villa Utsikten** in Tofte.



Filtvet



Loftef gardsbutikk



Bærum's Verk



Badehotellet in Holmsbu



Drøbak

## More Shopping and Local Trade



### Maud's Cradle 📍 Asker og Bærum

**Vollen** has a long and rich boatbuilding tradition where **Roald Amundsen's** polar ship **Maud** was built. It is now located in Tofte. Learn more about the coast at **the Oslofjord Museum** and wander among fashion and interior design shops. You get the taste of the Mediterranean at **Elea**. Sailors can dock in the **guest harbor**, the adventurous can **dive and rent SUP** in the marina.

### Bærums Verk Historical Site 📍 Asker og Bærum

Art, good food, interior and shopping in historic surroundings. Open every day all year round. Over 400 years of ironworks history and the country's oldest inn, **Værtshuset**, serves delicious meals. More than 40 shops, galleries and eateries idyllically situated along the river **Lomma**. **The sculpture park** showcases the country's foremost collection of Norwegian sculptors and at **Klart Glass** you can see how glassblowers create their art. A short drive away you will find **Sandvika Storsenter**, one of Norway's largest shopping centres with over 190 shops and eateries.

### From Farm Shops to Shopping Centers 📍 Romerike

At **Romerike** you will find some of the country's best shopping centres and a large number of **farm shops** such as **Loftet Gardsbutikk**, **Beite farm shop** and **Sesong in Eidsvoll** all with locally produced delicacies, fruits, and vegetables. **Jessheim Storsenter** is located in the heart of Jessheim with 140 shops and pleasant eateries. Martin Watson has left his mark on the city with its iconic **street art**, the artwork can be found in the underpass at the train station. At **Strømmen** you will find **Strømmen Storsenter**, one of **Norway's largest shopping centres** with 200 shops. Just 5 minutes away, **Lillestrøm** awaits, full of new experiences. Visit the charming **Venus Bar**, **Oscar Studio and Gallery**, or immerse yourself in culture at **Lillestrøm Kultursenter**. On your way to **Magnor Glassverk**, you can stop by **Sanngrund Café**, where they serve traditional Norwegian cuisine made with local ingredients. At **Magnor Glassverk**, they have been producing Norwegian design since 1896. Find great deals at the **factory outlet**, or visit the glass workshop to see glassblowers in action. On selected days, you can even blow your own glass. Take the train to **Årnes** and visit **Aanerud Bakery**, which has been named Norway's best bakery.



Vollen



Ramme



Local food experiences



Magnor glassverk



Son



Oslo Fashion Outlet





Asker museum



Eidsvoll 1814



Figureheads in Hvitsten



Galleri Würth

# Art, Culture & History

## Architecture and Polar History along the Coastal Path Follo

Let the coastal path along the Oslo fjord lead your way to hidden gems. Visit the home of a polar pioneer. Beautiful Uranienborg at Svartskog, **home of Roald Amundsen**, remains as he left it when he disappeared in 1928. Enjoy a swim in the sea at **Ingierstrand Bad**. Notice the unique funkis building from 1934. Visit **DNT Breivoll Farm** at the innermost part of Bunnefjorden, featuring a cozy café, kayak rentals, and accommodation.

## Cultural Treasures Follo

The ferry from Oslo or Drøbak brings you to **Oscarsborg Fortress**. Join a historic excursion including museums and guided tours of the war history. See the cannons that sunk Blücher on April 9th 1940. Extend your visit with dinner and stay the night at **Oscarsborg Hotel and Resort**. In Drøbak you can explore the cozy streets, enjoy a delicious meal in one of the many local cafés or take a trip to Badeparken park. **The Norwegian Cartoonist Gallery** and **Tregaarden's Christmas House** are two of the most popular sights in the town center. Nearby you can find both **Seiersten Skanse, the open-air museum Seiersten** and **Follo Museum** with nice outdoor areas and historic buildings.

## Edvard Munch and Maritime History Follo

In **Hvitsten** you can go hunting for **figureheads**. Fred Olsen Lines has exhibited 37 figureheads made by famous Norwegian artists, who adorned the company's ships in the period 1938 - 1976. The place was also known as the haunt for famous artists such as **Th. Kittelsen, Oda** and **Christian Krogh**, and **Edvard Munch**. A short walk along the coastal path will lead you to **the cultural destination Ramme**, which offers guided garden tours, art and performances. Concerts and exhibitions are held in the art gallery. Dining and accommodation at the boutique hotel. Make sure to check the opening hours and program in advance. Restaurant Munch is idyllically located on Jeløy in the old main building of **Refsnes Gods**. A classic restaurant decorated with eight works by Edvard Munch.

## A Glimpse Into Norway's Past Romerike

North of Oslo we find most of the museums of the **MiA** (Museums in Akershus). Enjoy an excursion and experience beautiful fields and meadows, historic buildings such as **Stein Skole**. Learn about the **timber floating history** along the river Glomma at **Fetsund timber booms**. The **wetland visitor center Nordre Øyeren** - Norway's answer to the Amazon river is located next door.



Quality Hotel Olavsgaard



## Explore More Art, Culture and History



**Eidsvoll 1814** is a place of importance in Norway's history and liberation. See the original table where our Constitution was signed in 1814.

### Hidden Gems North of Oslo **Romerike**

**Galleri Würth** at Gjelleråsen exhibits art from one of Europe's largest private collections, Sammlung Würth. Free entrance and changing exhibitions. **Nitja Centre of Contemporary Art** can be found in the heart of Lillestrøm and change their exhibitions regularly. In Lillestrøm you can also explore **the Riverside Art Park** with impressive installations such as "The Hammering Man" and "The Sound of Lillestrøm". Head to **Quality Hotel Olavsgaard**. The hotel has deployed 25,000 books around the hotel for you to borrow or bring along with you. A visit to the toilets in the basement is a must – you won't be disappointed. The stunning **Kepler Star** of Vebjørn Sand at the exit to Oslo Airport, is the E6's most famous landmarks and lights up in the darkness. Outdoor art can also be found at **Nordbyttjernet in Jessheim**, at **Hurdalsjøen Hotell** and **Losby Gods** - accompanied by a good meal and drinks.

### Oslo's Cultural West-Side **Asker og Bærum**

**The Grini Museum** has modern exhibitions in an authentic prison barracks from WW2. Learn about the prisoners' own stories and the story of the war's largest prison camp through film, objects, and modern VR technology.

**Henie Onstad Kunstsenter** is a leading art museum within modern and contemporary art, with works from Picasso to Weidemann. Dive into the installation 'Hymn of Life' by **Yayoi Kusama** and stroll in the sculpture park. **Sjøholmen Kulturhus** holds changing exhibitions, creative workshops and serves freshly baked goods. Visit **Fornebu** to look at unique architectural design and take a stroll in the surrounding sculpture park. The old **air traffic control tower** has open artist workshops, galleries, museums, and eateries. Finish with a swim and a good meal at **The Social** at Quality Expo.

### Norwegian Sculptors and Writers **Asker og Bærum**

The sculpture park at **Bærum's Verk** has more than 30 works of art by Norway's leading sculptors and the guided walks on weekends are recommended. The old houses and shopping centre has galleries, artists' workshops, glassblowing and more than 40 shops and eateries. **Asker Museum** where **Arne Garborg** lived and wrote has older wooden houses and a beautiful garden with **animal sculptures by Anne Grimdalen**. Daily guided tours of the garden and artists' home of Tilla and Otto Valstad.



Ramme



Henie Onstad Kunstsenter



Fetsund timber booms



Oscarsborg



Asker sentrum



Son spa



LAUV tretoppfytter



Lily Country Club



Tårnhuset Bistro



The Well

# Spa & Wellness

## Relax Along the Oslo Fjord Follo

In the village of Son, **Son Spa** resides with a 2000 sqm spa area with fireplace, pool, jacuzzi, saunas and infrared sauna. At the pier you will find two of Norway's largest floating saunas. The atmosphere of the hotel is unique with fantastic **views of the fjord**. Walking distance to **Son center** with several eateries by the water, cozy shops, galleries, museums, and beautiful beaches. Take the ferry from Aker Brygge to Nesoddtangen and walk the coastal path to **Hellviktangen art café**.

## A World of Wellness Follo

Only 20 minutes south of Oslo you will find **The Well spa & hotel**, the Nordic region's leading spa and wellness center. The spa is a luxurious oasis featuring a wide range of spa treatments and rituals, 15 saunas, 11 swimming pools and ponds. **Restaurant Mori** serves modern Asian fusion at the top of the hotel. Explore **Tårnhuset bistro** in Kolbotn and treat yourself with a delicious meal. The restaurant is popular among locals, so it pays off to book a table in advance.

## Spa Hotels and Open Air Wellness Romerike

Enjoy relaxing days with good food and drinks, spa experiences and walks in the woods. **Rømskog Spa and Resort** is idyllically situated by lake Vortungen. Enjoy activities such as cycling, hiking, canoeing, climbing park and SUP. **Lily Country Club** is a resort housing a spa, restaurant and bar which has quickly become a favorite venue among locals. The spa at **Hurdalsjøen Hotell & Spa** includes a sauna, a heated therapy pool with waterfalls, water massage and a bubble bed. You can also rent a selection of outdoor saunas both by and on the lake. Dinner can be enjoyed at the hotel **restaurant AX**. **Fjellsjøkampen** (812 m asl) is a popular hiking destination. Enjoy a refreshing swim in lake Hurdalsjøen upon your return!



Hurdalsjøen Hotell & Spa



## More Spa and Wellness



### Unique Accommodation 🏡 Romerike

Enjoy the great outdoors. **WonderInn** offers several idyllic locations in Romerike, both by lake Øyeren and along the Vorma river. Wake up to the sound of birds while the coffee is boiling over open fire. Accommodation with fantastic views of lake Mjøsa is offered at **Konglehytta**, **Villa Heidi** and **Mjøsli Lodge**. Book a stay at one of the unique accommodations at **LAUV tretoppfytter**, **Wergelandshaugen** or **Villa Breen**. Choose between well equipped tiny houses, shepherd's huts, glamping domes, mirrored glass cabins and saunas overlooking the water. View the stars from the glass-igloos of **Hvilepust** and **Trolldome**. Live like a duke or duchess at **Losby Gods**. Enjoy afternoon tea or play a game of golf. Spend the evening having a drink while playing shuffleboard, darts, or billiards in Compagniet. Countless hiking opportunities and a lake for swimming nearby.

### Historic Seaside Resorts 🏡 Asker og Bærum

When you head out to Asker, it is easy to understand why Christiania's inhabitants spent every summer in the archipelago. **Holmen Fjordhotell** is located by the waterfront with beautiful fjord views. A spa hotel with short distance to the rich cultural life in **Asker** and **Sandvika**. Walk along the coastal path to Hvalstrand or around Semsvann and make a stop at the garden of **Asker Museum**.

**The seaside hotel in Holmsbu** has been a holiday paradise for more than 140 years. Experience the artists' church, galleries, great hiking opportunities and waterfront eateries such as **Schulestedet** and **Privaten Café**, which regularly hosts concerts. On the southern tip of the Hurum peninsula is **Villa Utsikten**. Explore sandy beaches, sea views and walks along the coastal path to Østnestangen lighthouse. You can arrive in Hurum by public ferry to **Filtvet**, bring a bike and cycle around the peninsula.



# Accommodation



Whether you want to spend the night outdoors, at unique seafront accommodations, by boat in the guest harbours, close to the main attractions or at central locations - check out our website with suggestions suitable for every preference and budget.



Hvilepust

# Gastronomy



It is time for great food experiences with flavours from the sea, forest as well as fresh produce from local farmers. The food scene around Oslo offers a varied international cuisine and local food with a twist, as well as beverages from local farms and microbreweries.



Villa Utsikten

# What's On?



An overview of concerts, festivals, theatres, markets, and other events can be found in our "What's On" Calendar.



Førnebu Music & Arts Festival

# Outdoor Activities



Experience the great outdoors, short-distance hikes, cycling and hiking. Check our suggestions for trips along the coastal path, the pilgrimage route and other easily accessible adventures.



Trandumsbogen

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