

Lifestyle and wellness in the Greater Oslo Region



Local pampering in Visit Greater Oslo!

Enjoy Scandinavian wellness, a fresh bath in the sea followed by a hot sauna, delicious local food or other adventures for mind and body. Some suggestions we recommend:

Spa and wellness:

- The Well Spa Resort
- Son Spa and Hotel
- Holmen Fjordhotell Spa
- Rømskog Spa & Resort
- Miklagard Spa

Local experiences for foodies:

- Ingierstrand Bad and Restaurant
- Tårnhuset Restaurant
- Vito's Restaurant
- Hellviktangen Art Café
- Smakfulle Rom Restaurant
- Vertshuset Bærums Verk
- Local specialities from Smelters Mathus

Breweries:

- Aquavit distillery tour at Arcus
- Beer tasting at Vettre
- Beer tasting at Kringler Guest House
- Apple juice production and tasting

Suitable for: Individuals and groups

Contact: info@akershus.com

Phone: +47 907 72 715

For more details and inspiration visit our web site:

www.visitgreateroslo.com

Follow us for more travel tips!



@visitgreateroslo



Visit Greater Oslo

Transport suggestions:

Charter bus: www.schaus.no www.viptransport.no

Rent a car: www.avis.no

Public transport - routing and fares: www.ruter.no
www.vy.no

Disclaimer: *All requests are subject to availability and actual prices at the time of reservation.*

For more information and other tour suggestions please contact **Visit Greater Oslo**

E-mail: info@akershus.com Phone: +47 90772715 www.visitgreateroslo.com



For more information and other tour suggestions please contact **Visit Greater Oslo**
E-mail: info@akershus.com Phone: +47 90772715 www.visitgreateroslo.com